

COMMUNICATION WITH COMBAT

Tell your company's story in a new way, with the skills learnt from Stage Combat.

Who We Are

Violence in Motion is a stage & film combat training company. Our instructors are professional Stunt Performers and Actors. We specialize in unarmed stage combat and a myriad of weapon systems.

Where We Are

Violence in Motion is based in Toronto, Ontario. However, we are able to travel and can book sessions at your headquarters if the work space will accommodate. If not, we will arrange a location with one of our partners to suit your needs.

...Are we right for you?

No prior Martial Arts experience necessary! Violence in Motion runs physical workshops, but we have the ability to accommodate all body types, injuries, and specific physical needs. If you have any questions or concerns please, do not hesitate to contact us.

Contact:

emailviolenceinmotion@gmail.com

(416) 530-0080



Team Building Workshops

Do you want to provide an unforgettable team building experience for your company? Our instructors will have you away from your desks working as a team, building trust, using active listening, communication, and countless other transferable skills while feeling like Action Stars! Our corporate team building workshops are affordable, interactive, flexible, and fun.

Break out of the board room, get on your feet, and build long term benefits for your team! Some popular options include: Unarmed Combat, Single Sword (Rapier), and Rapier & Dagger. We will make your team as strong as a Roman Legion.



INSTRUCTORS



Neil Adams

Neil Adams is a graduate from the Humber College School of Creative and Performing Arts, a founding member of Violence in Motion, an instructor with the Academy of Dramatic Combat, fight director and stunt performer. He has taught with Steve Wilsher at Humber College while actively pursuing his stunt and acting career.

He has worked with the Canadian Opera Company, the National Arts Centre, Grand Theatre (Quebec), Ryerson University, Glendale S.S., and Wexford Collegiate.

Selected Stunt Credits: Suicide Squad, xXx: Return of Xander Cage, Flatliners, Kin, Designated Survivor, Salvation, American Gods, 11.22.63, Heroes: Reborn, Dark Matter, The Strain, Reign, Robocop, Played, and The Listener.



Julia Dyan

Julia Dyan is a Toronto-based Actor, Stunt Performer, Stage Combat Instructor, and Fight Director. She is a graduate of the Theatre Performance Program at Humber College and has received her Honours BA from The University of Guelph where she majored in Drama. She completed her Advanced Actor Combatant Certification with the Academy of Dramatic Combat and has since graduated to Instructor with the ADC. Julia is a Stage Combat Instructor at *Violence in Motion*; a training company she co-founded. Julia's Fight Directing credits include shows with Humber College, Ryerson University, Spur-of-the-Moment Shakespeare Collective, Toronto Fringe Festival, Wolf Manor Theatre Collective, Glendale S.S., and Wexford Collegiate.

Stunts: The Umbrella Academy, Designated Survivor, Mouthpiece, Riviera, Far Cry 5, Dark Matter, Saving Hope.

Selected TV/FILM (acting): *Awake* (feature), *The Boys*, *Conviction*, *Taken*, and *Odd Squad*.

Selected Theatre (acting): *The Birds and The Bees* (Sudbury Theatre Centre), *Wrong for Eachother* (The Foster Festival), *Crees in the Caribbean* (Magnus Theatre), *Komunka* (Hooligans Theatre), *Albertine in Five Times* (Free Prod.).

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INSTRUCTORS (CONT)



Jamie Treschak

Jamie Treschak is a Graduate of the University of Windsor's Drama Program and founding member of Violence in Motion. After becoming an instructor with the Academy of Dramatic Combat, Treschak has gone on to teach at many schools including: Ryerson, Fanshawe College, St. Clair College, Brock University and the University of Windsor. Treschak has worked for Sibling Rivarly Fight Co., and Havoc Stunts. He continues to fight direct and instruct stage combat for professional and independent theatres throughout the GTA, London region, Niagara region and Windsor-Essex County.

Since moving full-time into the corporate world, Jamie has been making waves while working with Treschak Enterprises. With Violence in Motion he combines his love of Stage Combat with his corporate know how — all to help your business.

Fight Direction Credits Include: The Three Musketeers, Rashomon, As You Like It, Zastrozzi, Evil Dead: the Musical, MacBeth, Dangerous Liaisons, Goodnight Desdemona Good Morning Juliet and many more.



Brianna Love

Brianna Love is an Actor, Singer, Writer, and Fight Director based in Toronto—which is quite different from growing up in small town Ontario, with a single traffic light, and cows in her back yard. She is a graduate of St. Clair's Musical Theatre Program. When not on stage, in front of a camera, or dealing with writers block, Brianna can be found swinging a sword at Violence in Motion.

Selected Fight Direction/ Assistant Fight Direction: *Twelfth Night*, *Into the Woods*, *MacBeth*, *Heart of Robinhood*, *The Three Musketeers*, *Moving On*.

Selected Theatre (acting): Alex, *Nerves* (Toronto Fringe 2019); Cassandra, *Cassandra* Short, Short Play Festival); Aggie, *The Bucket* (Storefront Festival); Swing, *Evil Dead the Musical* (Starvox Ent); Cinderella, *Cinderella* (Chrysler Theatre); Marianne, *Riveter* (WFT)

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BASIC SESSION OVERVIEW

We at Violence at Motion believe that the story is most important. Simply performing a fight is not the ultimate goal. Staged Combat is a physical dialogue between two or more people. Trust and communication are of the utmost importance. Since moving full time to the corporate world, Jamie Treschak has been relying on the skills he mastered while working as a professional fight director and stunt performer. Violence in Motion will build your team up in an open, engaging, and exhilarating environment.

3 Hour Short Session Example:

15 mins- Physical Warm Up/ Introduction to Story Telling

- The Three Stories: Your story, your partner's story and the story you tell together.

45 mins- The Basics

- Basics of Stage Combat (punches, slaps, reactions, etc)
- How to Work Together (trust, listen and communicate as a team)

15 mins- Water Break

45 mins- Your Story

- Receive Personalized Choreography (use your strengths to make each other look good.)
- What is Your Story? (Make sure you both know why you are each doing every motion, and how this better communicates your chosen story—your brand—to the audience.)

45 mins- Your Starring Role

- Present Your Fight (have fun, show off, get feedback and support other's success)
- Learn from Watching (What made a fight good? What kept your interest?)

15 mins- Cool Down and Debrief

- What have you learned? How can you transfer these skills to your job?

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After completing this workshop, you and your team will have an expanded grasp on the importance of staying on brand and supporting your teammates. Mutual respect, trust, listening, and communication, among other transferable skills, will all be strengthened while learning an active new skill. We will make your talented group a team of Corporate Super Heroes!



WHAT'S THE NEXT STEP?



Contact **Brianna Love** to create a fully-customizable, action-packed workshop for you and your team. Contact information can be found at the bottom of each page in this package. We look forward to hearing from you!

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